



KCA TOOL BOX TALK: Construction Fall Prevention Fact Sheet

Falls From *Roofs* Can be Prevented!

- Wear a harness and always stay connected
- Make sure your harness fits
- Use guardrails or lifelines
- Inspect all fall protection equipment before use
- Guard or cover all holes, openings, and skylights
- DON'T disconnect from the lifeline
- DON'T work around unprotected openings or skylights
- DON'T use defective equipment

Falls From *Ladders* Can be Prevented!

- Choose the right ladder for the job
- Maintain three points of contact
- Secure the ladder
- Always face the ladder
- DON'T stand on top or on the top step of a stepladder
- DON'T overreach
- DON'T place the ladder on unlevel footing

Falls From *Scaffolds* Can be Prevented!

- Use fully planked scaffolds
- Ensure proper access to scaffold
- Plumb and level
- Complete ALL guardrails
- Ensure stable footing
- Inspect before use (by competent person)
- DON'T use a ladder on top of a scaffold
- DON'T stand on guardrails
- DON'T climb cross-braces

For more information visit: <https://www.osha.gov/stopfalls/edresources.html>

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