



KCA TOOL BOX TALK: Impairment Signs

Be Prepared To Recognize An Opioid Overdose And Act (Knowing the signs of an opioid overdose is essential to responding quickly)

The signs and symptoms of an opioid overdose emergency can include:

- ✓ Unusual sleepiness or unresponsiveness
- ✓ Breathing will be slow or absent
- ✓ Slow heartbeat or low blood pressure
- ✓ Skin feels cold and clammy
- ✓ Pupils are tiny
- ✓ Nails and lips are blue

Sudden opioid withdrawal symptoms can be severe in someone who has been using opioids regularly:

- Body aches
- Diarrhea
- Increased heart rate
- Fever
- Runny nose
- Sneezing
- Goose bumps
- Sweating
- Yawning
- Nausea or vomiting
- Nervousness
- Restlessness or irritability
- Shivering or trembling
- Stomach cramping
- Weakness
- Increased blood pressure

Signatures

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____